

THE
SIDELINE
INTERVIEW
QUESTIONS
WORKSHEET

Interview P.R.E.P

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Interview P.R.E.P

Sideline Prep Coaches have been through numerous auditions and even sat on the other side of the audition process as judges. This VALUABLE worksheet documents some of the questions we have come across during the audition process.

Think through (or write down) your answers to the below questions... and where possible, attempt to weave in the below items into your responses:

- Most Unique characteristics, traits, talents, etc.
- Most Impressive professional accomplishments
- Most Impressive personal accomplishments

P.S. You should have documented the above on your Introduction Speech Worksheet

KISS – Keep It Simple Silly Reminders

Below are just a few key reminders as you prepare for your interview:

- Be poised, polished, and P.R.E.P-ared!
- Prove you would be a GREAT Ambassador
- Align your answers with the organization
- Show all of you - Your Best You!
- Be You!
- Be Punctual
- Smile & Have Fun!!!

****FYI, the most important question to have a SOLID answer to is:
Why do you want to be a cheerleader for this team?****

Personal Questions – All About YOU!

1. How are you feeling? / How are you?
2. Tell us a little about yourself.
3. What makes you unique?
4. What is your greatest accomplishment in life to date?
5. What is the greatest adversity you've ever overcome?
6. Has there ever been a time that you failed but overcame it? If so, tell us about it.
7. When you get up in the morning and look in the mirror... what do you tell yourself?
8. What gets you fired up?
9. What motivates you?

10. What is your favorite [_____] and Why? This could be anything: movie, color, book, food, music, thing to do on the weekends, etc.
11. What is more important, to be liked or respected?
12. What's more important, beauty or intelligence?
13. Who is your role model and why?
14. What do you need to work on as a person?
15. Describe your ideal day.
16. What sports did you play growing up?
17. Some feel that cheerleading and dance are not really sports. What would you say to them?
18. What was the last novel you read and what did you think about it?
19. If you had to pick only one, what meal would you have the rest of your life?
20. What is your biggest pet peeve?
21. If you were an animal, what would you be and why?
22. If you were a gardening tool, which would you be and why?
23. What color most reflects your personality and why?
24. What's your life's theme song? Why?
25. If you could go anywhere in the world, where would you go? Why?
26. If you could have super powers, what would your super power be?
27. What's the craziest or most exciting thing you have ever done?
28. If you could take one quality from the girl on your right, what would it be?
29. If you could change one thing about yourself, what would it be?
30. What is currently in your refrigerator?
31. What is your worst habit?
32. How long have you been a _____ (insert team name) Fan?
33. If you could meet anyone, dead or alive, who would it be?
34. What is the most embarrassing thing that has ever happened to you? And how did you handle it?
35. Who do you think is the most famous person in the world is and Why?
36. Describe yourself in one word.

Personal Questions – Professional

37. What does being a professional mean to you?
38. What do you do for a living?
39. Will you be able to commit to this team given your current job?
40. What do you aspire to become on a professional level in the future?

41. What have you learned the most in your profession?
42. How will you manage having a full time job and being a cheerleader?
43. You said that you are a _____. Why are you in that field/profession?
44. Are you where you want to be professionally?
45. What is your dream job and Why?

Personal Questions – Experience with the Audition Process

46. Why are you here?
47. What is the hardest thing about auditions?
48. What scares you the most about auditions?
49. What are the biggest challenges for auditions?
50. What is your biggest strength and biggest weakness throughout this process?
51. If you were a judge, sitting in my shoes, what would be the most important quality to look for?
52. Last year you auditioned and made it to the second round. What did you do differently this year from last year to prepare?
53. How will you handle it if you don't make the team?
54. What do you like most about the audition process?
55. What do you fear most about the audition process?
56. Have you auditioned for other teams? If so, which teams and how was your experience?
57. What is one thing that you have learned about yourself during the audition process?
58. What could keep you from making the team of your dreams?
59. How could being photogenic help you with an audition process?

Personal Questions – Commitment

60. What is your commitment level to this team?
61. Are you able to handle the schedule/demands of the team?
62. Are you willing to relocate?
63. Do you have dependable transportation? If you currently live far from the team, how will you handle the commute?
64. What other obligations do you have that could interfere with your duties as a professional cheerleader?
65. Are you willing to change your look?

66. Are you willing to be a part of the promo team? / If you do not make the dance team, will you consider being a part of our promotional team? (Hopefully your answer is yes!)
67. How will you change your habits to be able to handle our schedule (games, practices, appearances, etc.)?
68. You have auditioned for this team a few times, what makes you continue to audition?

Personal Questions – Community Service

69. What charity or non-profit are you passionate about (or affiliated) with and Why?
70. How important do you think being a patron of your community is?
71. In what ways do you feel you impact people that you come in contact with?
72. What community service activities have you participated in the past?
73. What is your favorite charity and why?
74. What time of community outreach do you enjoy the most?
75. What community service activities do you respect the most that our team is involved in?
76. Do you consider yourself a people person?

Team Questions

77. Who is our Owner? Our Head Coach?
78. How did our team do last year? What was our record?
79. What can our team do better this year compared to last season?
80. What do you know about our team?
81. Who is your all time favorite player? Why?
82. Who are your 2 favorite players on the current team? Why?
83. How many times have we gone to the Super Bowl? (NFL)
84. How many Super Bowls appearance has the team had? (NFL)
85. How many NBA Championships have we won? (NBA)
86. How many NBA Championship Finals have we made it to? (NBA)
87. Who is _____? (Insert the name of a well-known current or former player)
88. Tell us what you know about the sport?
89. Be familiar with the team's fight song, if they have one.

90. What do you like most about our dance team?
91. Who is your favorite cheerleader on our team and why?

Team Questions – Good Fit for Our Team

92. Why do you to be a _____ cheerleader?
93. Why would you make a good _____ cheerleader?
94. Why do you deserve to be a _____ cheerleader?
95. Why should we choose you to be a part of this team?
96. What life experiences do you have that can benefit the team?
97. What qualities do you possess that make you a quality cheerleader?
98. What are the qualities a young lady should possess to be a good cheerleader?
99. What is your best trait? How would you use it as a _____ cheerleader?
100. What would it mean to you if you became a _____ cheerleader?
101. This team volunteers their time in the community. In what ways have you volunteered in the past to show you would fit right in?
102. You will be a Rookie this year. How would you do in the role as a follower?
103. If the team had low morale what would you do to try to boost morale?
104. What can you contribute to this team?
105. What qualities are important to be a good team member?
106. What do you value most in a teammate?
107. What dance background do you have and how could your experience benefit our team?
108. Our team breaks into various committees to share the responsibility of the team and our duties. What types of things would you like to work on?
109. What suggestion for improvement do you have in reference to our program?
110. What is the one thing you like most about our program?
111. What's the one thing you would want our current veterans to know about you?

Situational Questions

112. How would you respond if someone said that Professional Cheerleading exploits women?
113. If a vet broke a rule, what would you do?
114. If you go on calendar shoot and you nail picture but someone else is on the cover, how would you handle it?
115. How would you handle peer pressure when it goes against the rules of our team?
116. If a fan says something inappropriate to you or makes you feel uncomfortable, how would you handle it?
117. If you are at an appearance or game and a drunken fan won't leave you alone, what would you do?
118. If a teammate is breaking rules and you found out without her knowing, how would you handle it?
119. If a teammate came to you and said they did something bad or if they broke a rule, how would you handle it?
120. If you became a dancer on our team but your job required additional travel, what steps would you take?
121. If you were a judge, what is the #1 most important aspect you would look for?
122. What would you do if you did not make the team but one of your close friends does make the team?
123. You make the team and a player asks you out on a date, what do you do?
124. How do you handle people who don't like your teammates?
125. If you were running late for an appearance and you were the head captain for the appearance, what would you do?

Most Important Question...

Why do you want to be a part of this team?

Got down your response below and practice it!!

BDDM! Now it's Time to Rock that Interview!!